



**Sermon Notes**  
**Inside Out**  
**Pastor Ron Wood**  
**June 8, 2025**

Real Transformation is possible,  
 but it must come from the Inside Out.

Romans 12:1-2  
*Inside Out* by Dr. Larry Crabb

**Key Idea:**

*Real transformation occurs not through external adjustments,  
 but through internal surrender and the honest confrontation of  
 our soul's deepest realities.*

Jeremiah 2:13

Deep L\_\_\_\_\_. People are T\_\_\_\_\_.  
 Wrong S\_\_\_\_\_. People are Moving in the  
 W\_\_\_\_\_ D\_\_\_\_\_.

**What are we Thirsty for?**

Matthew 6:25-34

C\_\_\_\_\_ Longings. Environment.  
 C\_\_\_\_\_ Longings. Relationships.  
 C\_\_\_\_\_ Longings. God.

**How do we Face our Thirst?**

James 5:16, 1John 1:9

1. Admit our C\_\_\_\_\_.
2. Acknowledge our D\_\_\_\_\_.
3. Accept C\_\_\_\_\_.

**4 Categories of Problems-** Problems are like I\_\_\_\_\_.

1. P\_\_\_\_\_ in our World. (*Visible Over the Waterline.*)
2. P\_\_\_\_\_ in our Heart. (*Invisible Under the Waterline*)

*As Victims We are V\_\_\_\_\_.*

3. Sin in our B\_\_\_\_\_. (*Visible Over the Waterline.*)
4. Sin in our H\_\_\_\_\_. (*Invisible Under the Waterline*)

*As Agents we are R\_\_\_\_\_.*

**Dealing with Problems** Hebrews 10:21-23

Dealing with P\_\_\_\_\_ in Our World.  
 Prayer.  
 Biblical Principles.

Dealing with P\_\_\_\_\_ in our Hearts.  
 T\_\_\_\_\_ in Scriptures.  
 I\_\_\_\_\_ Quiet Times.

Dealing with S\_\_\_\_\_ in our Behavior.  
 Moral Discipline.  
 Resisting T\_\_\_\_\_.

Dealing with S\_\_\_\_\_ in our Hearts. (Self-Protection.)  
 Repentance of Sin in your \_\_\_\_\_.  
 F\_\_\_\_\_ of Your Self and Others.  
 Move \_\_\_\_\_ Others in Love  
 Rather than \_\_\_\_\_ from them in Self-Protection.

Jeremiah 2:13

**Communion.**