Sermon Notes
Stop, Look, and Listen
Pastor Ron Wood
September 6, 2020
Ps. 36:5-9, Eph. 3:16-19

Getting Your Life Back - 4 Weeks in September

Stop, Look and Listen
Unplugging.
Caring for your Neglected Soul
Crafting a Rule of Life

Losing your Life?
Finding your Life?
Which is it?
_____!

There is a _____ in our world.

Blistering _____of Life.
The Deluge of M_____.

Ps. 36:5-9

Ephesians 3:16-19

4 Things We Need for _____.

1. S_____.   **v.16**
     The Power of Christ in us.

2. D_____.   **v.17**
     Book: The Shallows, What the Internet tis doing to our brains

     What is the Answer to The S_____?
     The D_____: Rooted and Grounded.
     The immensity of Christ's _____ for Us.

3. G_____.   **vv. 18-19a**
     The Understanding and Holding onto Christ's ____.

4. F_____.   **v. 19b**
     The Filling of Christ's P_____.

In one sense, the Christian is already "made full in Christ". Positionally, we are complete in Him, but practically, we enjoy only the grace that we apprehend by faith. The resources are there. All we need do is accept them and enjoy them."
- Warren Wiersbe

How do we Find Strength and Depth and Grasp the Fulness of God?

Stop, Look, and Listen: Be _____.

Three Ways to Be Mindful of God

- The One M_____ P_____.
     The App Store: *One Minute Pause*.

- Benevolent D_____.
     Release first; I_____ later.
     Augustine said: *"We must empty ourselves of all that fills us so that we may be filled with what we are empty of."*

- The Gift of B_____.
     "Beauty is life-saving. . . . Augustine described it as "a plank amid the waves of the sea." Proust makes a version of this claim over and over again. Beauty quickens. It adrenalizes. It makes the heart beat faster. It makes life more vivid, animated, living, worth living. . . . It is as though one has suddenly been washed up onto a merciful beach."
       - On Beauty and Being Just by Harvard Professor Elaine Scarry.